

HEALTH SCREENINGS

THE CITY OF
SAN FERNANDO



VALLEY CARE
Community Consortium

Health & Wellness Fair

Heart, Mind, and Soul

Saturday, February 16th



*Learn how to prevent, reduce, and manage
chronic diseases, such as*

Nutrition

Physical Activity

Mental Health Services

& Much More!

For more Info: 818-904-5566 or healthy@valleyccc.org



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