



## **REGISTRATION REQUIRED**

FREE

REGISTER AT: Recreation Park 208 Park Ave AGES: 18 and over of all abilities.

Las Palmas Park 505 S. Huntington St.

## **New Horizons & the City**

New Horizons Serving Individuals with Special Needs is a non-profit orgaization that empowers individuals with special needs to fulfill their dreams through partnerships, community outreach and advocacy. The Department of Recreation & Community Services has partnered with New Horizons to offer some of their specialized programming to the community while meeting the needs of their clients.

## **CLASSES:**

- MEDITATION
   Mon & Fri- 11am @ Rudy Ortega Sr. Park
- LINE DANCING
   Mondays- 2pm @ Las Palmas Park
- ARTS & CRAFTS
   Tuesdays- 11am @ Las Palmas Park
- BASKETBALL Tuesdays- 2pm @ Las Palmas Park
- SIGN LANGUAGE Tuesdays- 2pm @ Las Palmas Park
- EXERCISE Wednesdays- 11am @ Las Palmas Park
- EXERCISE/KARAOKE
  Thursdays- 2pm @ Las Palmas Park

**LIMITED SPACE!** 

**For more information (818) 898-1290**