



AUGUST
26th & 28th

a 7PM

**FEARLESS** 

LEARN TO BOX LIKE A PRO AT ANY LEVEL OF FITNESS THROUGH COORDINATION, TECHNIQUE, STRENGTH AND POWER! DEVELOP CONFIDENCE AND DISCIPLINE WHILE RELIEVING STRESS.

**BOXING** 

No FitPass Needed

Equipment Needed:
Boxing Gloves
Wraps/Glove Inserts

FREE DEMO

RECREATION PARK 208 PARK AVE For more information call 818-898-1290