

FEARLESS RECREATION PARK ZO8 PARK AVE MON. & WED. 7-8PM BOX TIME CONTROL TO THE PARK AVE RECREATION PARK AVE RE

LEARN TO BOX LIKE A PRO AT ANY LEVEL OF FITNESS THROUGH COORDINATION, TECHNIQUE, STRENGTH AND POWER! DEVELOP CONFIDENCE AND DISCIPLINE WHILE RELIEVING STRESS.

Recommended Equipment: Boxing Gloves or Wraps/Glove Inserts PART OF THE FITPASS SERIES



For more information call 818-898-1290