

# COVID-19 Vaccine Facts



# WHY GET A VACCINE?

- COVID-19 vaccines are safe and effective.
- The best way to protect yourself and loved ones from COVID-19, including variants, is to get vaccinated and boosted.
- Vaccination reduces your risk of getting sick, missing work or school, ending up in the hospital, or dying.



# WHO CAN GET A VACCINE?

# Anyone 5 years of age or older

- Vaccines are free to everyone even if you don't have insurance.
- You will not be asked about your immigration status.
- Vaccines are recommended for everyone, including people who are pregnant or breastfeeding, and people who have had COVID-19.
- Most people with allergies can get a vaccine.



# **HOW TO GET A VACCINE**

There are hundreds of sites across LA County - many are open weekends and evenings and don't need an appointment.

To find a location in your neighborhood:

- Visit VaccinateLACounty.com or call 833-540-0473, 8am to 8:30pm.
- You can also call 2-1-1 or ask your doctor or local pharmacist.
- Free transportation and in-home vaccination are also available.

Minors need consent from their parent or legal guardian to get vaccinated.

# WHICH VACCINES ARE AVAILABLE IN THE US?

Pfizer and Moderna are recommended for both primary and booster doses.

Available for: Age 5+

**Primary series:** 2 doses - 21 days apart

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Moderna Age 18+

2 doses - 28 days apart



Johnson & Johnson

Age 18+

1 dose



Booster dose: Age 12+ : 5 months later Age 18+ : 5 months later Age 18+ : 2 months later

Additional dose: Age 5+ who are immunocompromised and got Pfizer or Moderna.



# WHAT ARE THE SIDE EFFECTS?

- Vaccine side effects are common and may include sore or red arm, feeling tired, fever, chills, headache, or muscle ache. They do not mean that you have COVID-19. Not everyone will get them.
- Side effects are a sign that your immune system is building protection. They may affect your ability to do some daily activities but should go away within a day or two of getting vaccinated.
- Serious side effects are rare, and most are treatable.







### WHAT ABOUT SAFETY?

- You cannot get COVID-19 from the vaccine. None of the vaccines contain the virus that causes COVID-19.
- The vaccines were tested on tens of thousands of people, including people of color, older adults, and people with medical conditions and found to be safe and effective.
- Since December 2020, hundreds of millions of people have safely received a COVID-19 vaccine.
- COVID-19 vaccines continue to go through the most **intensive safety monitoring** in US history.
- There is no evidence that COVID-19 vaccines cause fertility problems. They are safe for pregnant people and are recommended by pregnancy experts.

### AFTER GETTING VACCINATED

- It takes 2 weeks after a primary series for the vaccines to be fully effective. For the best protection, it is important to get a booster dose when you are eligible.
- Vaccination greatly reduces your risks from COVID-19, but breakthrough infections can happen. After you are vaccinated, continue to take steps to protect yourself and others:
  - Wear a mask that fits and filters well
  - Stay home when sick
  - Wash your hands often
  - Avoid crowded places and spaces with poor air flow
  - Keep your distance

