

HEART, MIND & SOUL

Health Fair

SATURDAY, MARCH 26

10AM-1PM

LAS PALMAS PARK

505 S. HUNTINGTON ST

Get in a healthy mindset
and join us for a day of
health and fitness.

FREE SCREENINGS

VISION

HEARING

BLOOD PRESSURE

Enter to win a
Fire Preparedness Kit

**FOR MORE INFORMATION
CALL (818) 898-1290**



FREE EXERCISE SESSIONS

ZUMBA - 10:30AM

YOGA - 11:30AM

45 minute sessions