

rise. reclaim. restore



LA County Youth Mental Health Summit



## WEST-SIDE/ SAN FERNANDO VALLEY



### DATE & TIME

SATURDAY APRIL 27, 2024

9:30 AM – 2:30 PM



### LOCATION

EL CARISO REGIONAL PARK

13100 HUBBARD ST,  
SYLMAR, CA 91342

INCLUDES BREAKFAST,  
LUNCH, GIFT CARD, &  
COMMUNITY SERVICE HOURS!

REGISTER NOW!



[TINYURL.COM/LACYOUTHSUMMITS](https://tinyurl.com/lacyouthsummits)

## YOUTH MENTAL HEALTH SUMMIT

Hosted by Los Angeles County  
Office of Violence Prevention

Through exciting workshops and fun hands-on activities, we're here to empower young minds with the ultimate toolkit to conquer the rollercoaster of mental health!

Together, we will **RISE** above the challenges, **RECLAIM** our power, and **RESTORE** our wellbeing as we journey towards a healthier mind!

For more information, email:  
NSarkodee-Adoo@ph.lacounty.gov  
and HDenyer@ph.lacounty.gov

Los Angeles  
County  
Arts &  
Culture

LA COUNTY  
artsed  
COLLECTIVE  
CELEBRATING 20 YEARS

LA COUNTY  
LIBRARY  
department  
of economic  
opportunity  
COUNTY OF LOS ANGELES



LOS ANGELES COUNTY  
DEPARTMENT OF  
MENTAL HEALTH  
hope. recovery. wellbeing  
OFFICE OF VIOLENCE PREVENTION



COUNTY OF LOS ANGELES  
Public Health