

CHAIR (VACANT)
VICE CHAIR (VACANT)
COMMISSIONER ERICA FRIEND
COMMISSIONER NATASHA SANCHEZ-BROOKS
COMMISSIONER JULIE CUELLAR

### CITY OF SAN FERNANDO

## Parks, Wellness, and Recreation Commission Regular Meeting Agenda Summary Thursday, January 9, 2025 – 6:30 PM

CITY HALL COUNCIL CHAMBERS
117 MACNEIL STREET
SAN FERNANDO, CALIFORNIA 91340

#### **PUBLIC PARTICIPATION OPTIONS**

Please visit the City's YouTube channel to live stream and watch previously recorded Parks, Wellness, and Recreation Commission meetings, which is also available with Spanish subtitles at: https://www.youtube.com/c/CityOfSanFernando

In accordance with the Americans with Disabilities Act of 1990, if you require a disability-related modification/accommodation to attend or participate in this meeting, including in-person translation services, or other services please call the Recreation and Community Services Department at (818) 898-7349 or email at <a href="mailto:LMoreno@sfcity.org">LMoreno@sfcity.org</a> at least 2 business days prior to the meeting.

#### **SUBMIT PUBLIC COMMENT IN PERSON:**

Members of the public may provide comments in person in the City Council Chambers during the Public Comments section of the Agenda by submitting a comment card to the Board Secretary.

#### **SUBMIT PUBLIC COMMENT VIA EMAIL:**

Members of the public may submit comments by email to <a href="LMoreno@sfcity.org">LMoreno@sfcity.org</a> no later than 12:00 p.m. the day of the meeting, to ensure distribution to the Parks, Wellness, and Recreation Commission prior to consideration of the agenda. Comments received via email will be distributed to the Parks, Wellness, and Recreation Commission and made part of the official public record of the meeting.

#### CALL-IN TO PROVIDE PUBLIC COMMENT LIVE AT THE MEETING:

Members of the Public may call-in between 6:30 p.m. and 6:45 p.m. Comments will be heard in the order received, and limited to three minutes. If necessary, the call-in period may be extended by the Chair.

Call-in Telephone Number: (669) 900-6833 Meeting ID: 986 1620 1615

Passcode: 988843

When connecting to the Zoom meeting to speak, you will be placed in a virtual "waiting area," with your audio disabled, until it is your turn to speak and limited to three minutes.

#### PARKS, WELLNESS, AND RECREATION COMMISSION

**Regular Meeting Notice and Agenda – January 9, 2025**Page 2 of 4

#### **CALL TO ORDER**

#### **ROLL CALL**

#### **TELECONFERENCE REQUESTS/DISCLOSURE**

Recommend consideration of requests received for remote teleconference meeting participation made by members of the City's legislative bodies, as permitted under the provisions of Assembly Bill (AB) 2449, Government Code Section 54953, and the City of San Fernando adopted Resolution No. 8215, effective March 1, 2023.

#### **PLEDGE OF ALLEGIANCE**

#### **APPROVAL OF AGENDA**

Recommend that the Parks, Wellness, and Recreation Commission approve the agenda as presented.

#### **PRESENTATIONS**

#### **DECORUM AND ORDER**

City Commissioners are appointed by City Council and must be free to discuss issues confronting the city in an orderly environment. Members of the public attending City Commission meetings shall observe the same rules of order and decorum applicable to the City Council (SF Procedural Manual). Any person making impertinent derogatory or slanderous remarks or who becomes boisterous while addressing a City Commission or while attending a City Commission meeting, may be removed from the room if the Presiding Officer so directs the Sergeant-At-Arms and such person may be barred from further audience before the City Commission.

#### **PUBLIC STATEMENTS – WRITTEN/ORAL**

Members of the public may **provide comments in person in the City Council Chambers** during the Public Comments section of the Agenda by submitting a comment card to the Board Secretary.

Members of the public may submit comments by email to <a href="LMoreno@sfcity.org">LMoreno@sfcity.org</a> no later than 12:00 p.m. the day of the meeting, to ensure distribution to the Parks, Wellness, and Recreation Commission and made part of the official public record of the meeting.



#### PARKS, WELLNESS, AND RECREATION COMMISSION

**Regular Meeting Notice and Agenda – January 9, 2025** Page 3 of 4

Members of the public may provide a live public comment by calling in between 6:30 p.m. and 6:45 p.m. CALL- IN INFORMATION: Telephone Number: Telephone Number: (669) 900-6833, Meeting ID: 986 1620 1615; Passcode: 988843

#### **CONSENT CALENDAR**

Items on the Consent Calendar are considered routine and may be disposed of by a single motion to adopt staff recommendation. If the Parks, Wellness, and Recreation Commission wishes to discuss any item, it should first be removed from the Consent Calendar.

- 1) CONSIDERATION TO APPROVE PARKS, WELLNESS, AND RECREATION COMMISSION MEETING MINUTES FOR:
  - a. November 14, 2024

#### **ADMINISTRATIVE REPORTS**

#### 2) SAN FERNANDO FAMILY CENTER AT PUIG'S HOUSE UPDATE

Recommend that the Parks, Wellness, and Recreation Commission receive and file this informational update on future plans at the San Fernando Family Center at Puig's House.

#### 3) RUDY ORTEGA SR. PARK MAINTENANCE SCHEDULE REPORT

Recommend that the Parks, Wellness, and Recreation Commission receive and file this informational update on the maintenance schedule of Rudy Ortega Sr. Park.

#### 4) CESAR E. CHAVEZ MEMORIAL

Recommend that the Parks, Wellness, and Recreation Commission:

- a. Discuss Ad Hoc Committee Updates;
- b. Continue to meet with Pueblo Y Salud until a renovation plan for the Memorial Plaza can be developed; and
- c. Provide staff direction as appropriate.



#### PARKS, WELLNESS, AND RECREATION COMMISSION

**Regular Meeting Notice and Agenda – January 9, 2025**Page 4 of 4

#### 5) DEPARTMENT PROGRAMS AND SERVICES UPDATE

Recommend that the Parks, Wellness, and Recreation Commission:

- a. Receive and file a report updating the programs, services activities, and business conducted by the Recreation and Community Services Department; and
- b. Provide staff direction as appropriate.

#### **STAFF COMMUNICATION**

# COMMISSIONER UPDATES/REQUESTS TO AGENDIZE ITEM FOR DISCUSSION AT A FUTURE MEETING

Commissioner(s) may request to agendize an item for discussion at a future meeting, subject to approval by the Commission. Requests should align with the commission's scope of responsibility, adhere to City Council policies, and consider the availability of staff resources and budget constraints.

**ADJOURNMENT** The meeting will adjourn to its next regular meeting.

#### AFFIDAVIT OF POSTING

I hereby certify under penalty of perjury under the laws of the State of California that the foregoing agenda was posted on the City Hall bulletin board not less than 72 hours prior to the meeting.

Dated:	at:	
Signad Rv.		

Agendas and complete Agenda Packets (including staff reports and exhibits related to each item) are posted on the City's Internet Web site (www.sfcity.org). These are also available for public reviewing prior to a meeting at the Recreation and Community Services Department Public Counter. Any public writings distributed by the Parks, Wellness, and Recreation Commission to at least a majority of the Commissioners regarding any item on this regular meeting agenda will also be made available at the Recreation and Community Services Department Public Counter located at 208 Park Avenue, San Fernando, CA, 91340 during normal business hours. In addition, the City may also post such documents on the City's Web Site at <a href="www.sfcity.org">www.sfcity.org</a>. In accordance with the Americans with Disabilities Act of 1990, if you require a disability-related modification/accommodation to attend or participate in this meeting, including auxiliary aids or services please call the Recreation and Community Services Department Office at (818) 898-7349 or <a href="www.lmcnunity.org">LMoreno@sfcity.org</a> at least 48 hours prior to the meeting.





# CITY OF SAN FERNANDO PARKS, WELLNESS AND RECREATION COMMISSION

# REGULAR MEETING MINUTES NOVEMBER 14, 2024 ZOOM MEETING STREAMED ON YOUTUBE

THE FOLLOWING MINUTES ARE A SUMMARY OF ACTIONS TAKEN BY THE PARKS, WELLNESS AND RECREATION COMMISSION. VIDEO AND AUDIO OF THE ACTUAL MEETING ARE AVAILABLE FOR LISTENING AT: <a href="https://www.youtube.com/c/CityOfSanFernando">https://www.youtube.com/c/CityOfSanFernando</a>

#### **CALL TO ORDER/ROLL CALL**

Chair R. Gonzales called the meeting to order at 6:32p.m. Administrative Assistant, Linda Bowden-Moreno, called the roll call.

The following persons were recorded as present:

#### **PRESENT:**

Commissioners Robert Gonzales, Patty Lopez, Natasha Sanchez-Brooks and Julie Cuellar.

#### **ABSENT:**

Commissioner Erica Friend

#### **ALSO PRESENT:**

Recreation and Community Services Director Julio Salcedo, Public Works Director Wendell Johnson, Recreation Supervisor Maribel Perez, Administrative Assistant Linda Bowden-Moreno and Office Clerk Soledad Chavez.

#### PLEDGE OF ALLEGIANCE

Chair R. Gonzales led in the Pledge of Allegiance.

#### **APPROVAL OF AGENDA**

Vice Chair P. Lopez motioned to approve the agenda for the November 14, 2024 Parks, Wellness and Recreation Commission Regular Meeting. Commissioner N. Sanchez Brooks seconded the motion. The motion passed unanimously with the following roll call vote:

#### PARKS, WELLNESS AND RECREATION COMMISSION

Regular Meeting Minutes -November 14, 2024

Page 2 of 4

AYES: R. Gonzales, P. Lopez, N. Sanchez-Brooks and J. Cuellar.

NOES:

ABSENT: E. Friend

ABSTAIN:

#### **PRESENTATIONS**

#### **PUBLIC STATEMENTS – WRITTEN/ORAL**

Ricardo Benitez discussed the Cesar Chavez Memorial being is disrepair. He suggested seeking an organization to adopt the memorial as a project for beautification. In addition, some of the trees along Maclay Street need to be replaced and the faded sign coming in to the City from Laurel Canyon could use some attention.

Manny Granillo addressed the PWR Commission seeking support in recognizing former park directors, Julian Leon and Jess Margarito. Their contributions and mentorship to the community, specifically to the youth, are worthy of memorializing their work with a plaque. This item has been presented to the City Council. Fundraising opportunities are being discussed to cover the costs of the plaque.

Mark Marquez, a longtime resident and former park commissioner, discussed the many contributions made by Julian Leon and Jess Margarito and the importance of recognizing the legacy and impact they made by displaying an honorary plaque.

Rosa Osoria, a City resident, is here to discuss the lack of adequate lighting at Pioneer Park. In addition the score board is not functioning. She asked for the commission to assist in addressing these issues.

#### **CONSENT CALENDAR**

#### 1. APPROVAL OF MINUTES

Vice Chair P. Lopez motioned to approve the Consent Calendar approving the Minutes of the October 10, 2024 Parks, Wellness and Recreation Commission Meeting.



#### PARKS, WELLNESS AND RECREATION COMMISSION

Regular Meeting Minutes -November 14, 2024

Page 3 of 4

Commissioner N. Sanchez-Brooks seconded the motion. The motion passed unanimously with the following roll call vote:

AYES: R. Gonzales, P. Lopez, N. Sanchez-Brooks, J. Cuellar

NOES:

ABSENT: E. Friend

ABSTAIN:

#### **ADMINISTRATIVE REPORTS**

- **2. PRESENTATION ON THE PACOIMA WASH BIKEWAY PROJECT** Public Works Director Wendell Johnson provided a general update on all infrastructure projects including the Pacoima Wash Bikeway Project which is just about completed. Public Works staff is creating a punch list of items left to complete, such as adding bollards to prevent cars from entering, addressing crosswalk visibility, and other items. At this time, he opened the floor for questions or comments.
- 3. CESAR E. CHAVEZ MEMORIAL –No update to report
- **4. DEPARTMENT PROGRAMS AND SERVICES** Staff provided an update report on upcoming events, activities and programming. At this time, he opened the floor for questions or comments.

#### **STAFF COMMUNICATION**

- W. Johnson reported that the Pioneer Park play equipment is complete. Shade sails will be installed in the near future.
- M. Perez announced that the RCS Department is promoting the Holiday Class Pass to provide an opportunity for participants to try out leisure classes at no charge through the month of December. Also, the Afterschool Teen Program will be celebrating a *Friendsgiving* event on the 21<sup>st</sup> and a Holiday MBA tournament in December with the assistance of a coach. Also, the Lopez Adobe will be open for tours during the Holiday Tree Lighting event on December 7, 2024.
- J. Salcedo invited everyone to the upcoming Tree Lighting Event that will be held on Saturday, December 7, 2024, in conjunction with the Night Market in the mall.

# COMMISSIONER UPDATES/REQUESTS TO AGENDIZE ITEM FOR DISCUSSION AT A FUTURE MEETING



#### PARKS, WELLNESS AND RECREATION COMMISSION

Regular Meeting Minutes -November 14, 2024

Page 4 of 4

Commissioner J. Cuellar motioned to agendize an update on future plans at the San Fernando Family Center at Puig's House located at Pioneer Park.

Vice Chair Patty Lopez seconded the motion. The motion passed unanimously with the following roll call vote:

AYES: R. Gonzales, P. Lopez, N. Sanchez-Brooks, J. Cuellar

NOES:

ABSENT: E. Friend

ABSTAIN:

Commissioner N. Sanchez-Brooks congratulated staff on the Pioneer Park project and had questions regarding the picnic shelters that are in disrepair.

Vice Chair P. Lopez motioned to agendize an update on the maintenance schedule at Rudy Ortega Park.

Commissioner N. Sanchez-Brooks seconded the motion. The motion passed unanimously with the following roll call vote:

AYES: R. Gonzales, P. Lopez, N. Sanchez-Brooks, J. Cuellar

NOES:

ABSENT: E. Friend

ABSTAIN:

Vice Chair P. Lopez commented on the new park signage and the difficulty some park patrons may have in reporting issues regarding maintenance of restrooms. Commissioner J. Cuellar will address this concern at the next Transportation and Public Safety Commission meeting.

Chair R. Gonzales thanked staff and expressed how glad he is to see numerous projects that are in the works and in completion phase for the benefit of the community.

#### **ADJOURNMENT**

Chair R. Gonzales adjourned the Parks, Wellness and Recreation Commission meeting at 7:42 p.m.





# **MEMORANDUM**

**To:** Commission Members

From: Julio Salcedo, Director of Recreation and Community Services

**Date:** January 9, 2025

**Subject:** Update on the San Fernando Family Center at Puig's House

#### **RECOMMENDATION**

It is recommended that the Parks, Wellness and Recreation (PWR) Commission receive and file an update on the San Fernando Family Center at Puig's House.

#### **BACKGROUND/ANALYSIS**

This item was added to the agenda by Commissioner Julie Cuellar at the November 14, 2024 Parks, Wellness and Recreation Commission Regular Meeting.

#### **BUDGET IMPACT**

There is no impact to the budget by discussing this item.



# **MEMORANDUM**

**To:** Commission Members

From: Julio Salcedo, Director of Recreation and Community Services

Date: January 9, 2025

Subject: Update on the Rudy Ortega Sr. Park Maintenance Schedule

#### **RECOMMENDATION**

It is recommended that the Parks, Wellness and Recreation (PWR) Commission receive and file an update on the Rudy Ortega Sr. Park maintenance schedule.

#### **BACKGROUND/ANALYSIS**

This item was added to the agenda by Vice Chair Patty Lopez at the November 14, 2024 Parks, Wellness and Recreation Commission Regular Meeting.

#### **BUDGET IMPACT**

There is no impact to the budget by discussing this item.



# **MEMORANDUM**

**To:** Commission Members

From: Julio Salcedo, Director of Recreation and Community Services

**Date:** January 9, 2025

Subject: Cesar E. Chavez Memorial

#### **RECOMMENDATION**

It is recommended that the Parks, Wellness and Recreation (PWR) Commission receive and file an update on the Cesar E. Chavez Memorial.

#### **BACKGROUND/ANALYSIS**

The Ad Hoc Committee has met previously with Pueblo Y Salud (PYS) to discuss the development of a renovation plan for the Cesar E. Chavez Memorial. The Ad Hoc has met with RCS Director Julio Salcedo to review the existing MOU with Pueblo Y Salud. A date will be scheduled to conduct a tour of the Cesar E. Chavez Memorial and Recreation Park Facility.

This item was originally added to the agenda by Vice Chair Patty Lopez.

#### **BUDGET IMPACT**

There is no impact to the budget by discussing this item.



## AGENDA REPORT

**To:** Commission Members

From: Julio Salcedo, Recreation and Community Services Director

By: Maribel Perez, Recreation and Community Services Supervisor

Linda Bowden-Moreno, RCS Administrative Assistant

Date: January 9, 2025

**Subject:** Department Programming, Services, Activity, and Business Updates

#### **RECOMMENDATION:**

It is recommended that the Parks, Wellness, and Recreation Commission:

a. Receive and file a report updating the programs, services, activities, and business conducted by the Recreation and Community Services Department; and

b. Provide staff guidance or recommendations, as appropriate.

#### **BACKGROUND:**

- The mission of the Recreation and Community Services Department (RCS) is to develop and implement enriching community, cultural, and recreational opportunities that foster the overall well-being and personal development of our community.
- 2. The RCS Department conducts a wide array of programs, services, activities, and business throughout the year. Staff provides a monthly update on items discussed at the Parks, Wellness, and Recreation Commission (PWRC) meetings and welcomes any guidance or recommendations regarding the items presented.

#### **DEPARTMENT UPDATES:**

#### **Programs and Services**

The RCS Department provides a variety of programming and services for the San Fernando community. All Los Angeles County Department of Public Health protocols and Best Practices guidelines for operating recreational facilities are strictly adhered to. Safety is the top priority for RCS staff when conducting activities for the community. All program participants and park

visitors are made aware of safety guidelines being implemented to ensure patrons feel safe while participating in the Department's programs.

#### **Holiday Tree Lighting Event**

The City of San Fernando held the annual Holiday Tree Lighting Event on Saturday, December 7, 2024. Among the free-flowing hot cocoa, champurrado and sweet bread, the annual Holiday Tree Lighting was a great opportunity to bring the community together and spread good holiday cheer. Several thousand spectators gathered to anxiously await the lighting of the holiday tree in the City of San Fernando. Like a scene out of a Hallmark movie, children danced and people cheered, as the tree lit up in all its colorful glory. In partnership with the San Fernando Outdoor Market, all enjoyed the many food vendors, local artisans, live music and dance performances and the opportunity to take photos with Santa himself, even the Grinch made a special appearance. The Lopez Adobe was the place to see Santa's workshop in action and for children to partake in various holiday activities. City staff and dignitaries addressed the community and in the holiday spirit, shared the joy of spending this special moment with family, friends, neighbors and all community members. Through this event, the City of San Fernando was able to have a successful kickoff to the holidays that was a resounding success!

#### **Winter Camp**

The Winter Camp session concluded on January 3, 2025 with a total of 18 campers enrolled in the program. The children enjoyed working on holiday crafts, science projects and playing a variety of indoor and outdoor games and activities. Be on the lookout for this year's Summer Camp which offers educational activities, swim time at the San Fernando Pool, and field trips. More information to come!

#### **Veteran Recognition Program**

The City of San Fernando's Veteran Recognition Program proudly includes the Veteran Banner Program, which honors local veterans by displaying 48 banners throughout Maclay Avenue and Truman Street. These banners showcase the service and dedication of veterans in the community and are displayed from May through mid-November. Applications will be accepted for the program in mid-January. This program is a testament to the City's deep appreciation and respect for the many sacrifices made by local veterans and their families. For more information on this program, please call Las Palmas Park at (818) 898-7340 or email Juan Salas at JSalas@sfcity.org.

#### **Business and Community Resource Center (BCRC)**

On December 10, 2024 staff organized an Open House at the Business and Community Resource Center, where 50 guests participated in the event to mark its one-year anniversary. Community members, staff, organizations, and local businesses came together to honor the milestone and network while enjoying snacks and goodies. Visit the BCRC at City Hall to seek information on resources and collaboration opportunities to empower small businesses and strengthen the community.

#### Vet at the Park

The City of San Fernando in partnership with the Department of Animal Care and Control, held the **Vet@the Park Free Wellness Clinic** on Sunday, December 15, 2024 at Rudy Ortega Sr. Park. Over 250 pets received vaccinations, microchipping, and various other veterinary services at no cost. The City of San Fernando looks forward to continue the partnership with the Department of Animal Care and Control in providing free services to ensure the wellbeing of the community's beloved pets.

#### CSUN VITA Clinic is ready for the 2025 Tax Season!

Under the supervision of experienced tax practitioners, trained and certified CSUN students provide free tax preparation services (federal and state) to eligible low-income taxpayers. This **Free Income Tax Preparation Program** will be offered once again at Las Palmas Park from January through April of 2025. Professionally trained volunteers can prepare and electronically file your federal and state income tax returns. Appointments will be offered at Las Palmas Park each Friday and Saturday beginning January of 2025. For appointments email <a href="mailto:vita@csun.edu">vita@csun.edu</a> or call (818) 677-3600.

#### **SENIOR SERVICES**

#### Jingle Bell Rock Out Celebration for Seniors

Approximately 100 seniors gathered in festive attire at Las Palmas Park on Friday, December 20, 2024 to celebrate the holiday season. Participants enjoyed dancing, treats, raffles and more. It was a great opportunity for seniors to wear their most festive sweaters and enjoy a fun afternoon celebration with friends.

#### **Senior Meals**

In partnership with ONEgeneration, Las Palmas Park continues to host the Elderly Nutrition Program (ENP) for seniors. Stop by and register with the ONEgeneration team, Rene and Hayle, and enjoy a delicious and nutritious hot meal! Folks that are 60+ can qualify for this free program (suggested donation is \$3) Mondays through Fridays. If you know of anyone that is 60+ and is homebound, ONEgeneration can deliver hot meals 5 days a week! For more information please call (818) 898-7340.

#### Platicas de la Vida con Café

In partnership with the Department of Mental Health, Las Palmas Park is hosting workshops to discuss and offer assistance to those dealing with emotional trauma, anxiety and everyday life situations. Classes are held in Spanish on the second and fourth Thursday of the month at 9:00 am. Please contact Las Palmas Park at (818) 898-1290 for more information.

#### **Los Angeles Regional Food Bank Distribution**

The Regional Food Bank monthly distribution was held on Monday, January 6, 2025 from 9:00am-11:00am and distributed approximately 230 food kits. This program continues to serve

seniors age 60+ on a monthly basis at Las Palmas Park. This drive-through food program provides a free food kit containing nutritious items such as meats, canned fruits and vegetables, cereals and grains. The program serves an average of over 200 seniors monthly. The next distribution will be held on Monday, February 3, 2025. For more information on food assistance programs please contact Las Palmas Park at (818) 898-7340.

#### Painting at the Park

This step-by-step art class teaches seniors self-expression through art in creating their very own masterpiece. This class offers the tools to lean techniques and discover creativity in painting. Supplies and instruction are provided. The next class is scheduled on Monday, January 13, 2025 at 11:00 am at Las Palmas Park.

#### **Monthly Matinee**

Every first Thursday of the month, Las Palmas Park is tranformed into a matinee featuring family friendly films and treats. The activity is open to the public and showtime is at 12:00 pm.

#### **Doc Talk Workshop**

Las Palmas Park continues to host Doc Talk workshops to discuss important health and wellness issues. A medical doctor is present to provide information and answer questions. Lunch is provided, courtesy of Regal Medical Group. The next workshop is scheduled on Wednesday, January 29, 2025 at 12:00 pm and will discuss topics related to blood pressure. Please contact Las Palmas Park at (818) 898-17340 for more information.

#### **Intro to Computers**

The *Intro to Computers* class is geared for seniors to learn basic computer skills and important tips on navigating the internet securely, including how to identify safe websites and avoid common online threats. Additionally, participants will practice typing and become familiar with keyboard functions to improve their technology skills. The next session will be held at 9:30 am on January 29, 2025 at Las Palmas Park.

#### **Senior Club News**

<u>The Monthly Senior Dance</u> was held on Wednesday, December 31, 2024 at Las Palmas Park. Seniors danced to the sounds of great DJ music to ring in the New Year. Doors opened at 7:00 pm. Ticket prices were \$15 for members and \$25 for non-members. The next Senior Dance is scheduled on Saturday, February 15, 2025 to celebrate Valentine's Day. For more information call Las Palmas Park at (818) 898-7340.

<u>Senior Club Monthly Meetings</u> occur on the first Sunday of each month at 1:00 pm at Las Palmas Park. Seniors interested in becoming active and involved in the Senior Club may attend meetings or call 818-898-7340 for more details.

#### Senor Club Membership 2025

Membership dues and registrations for 2025 are now being accepted for Senior Club members at Las Palmas Park. Membership is a great way to get involved with the Las Palmas Senior Club and also receive discounts on dance tickets and trip rates. The cost of membership is \$42 annually.

#### **Ongoing Senior Programs**

The following senior activities are ongoing. For more details on programs and activities, please call Las Palmas Park at 818-898-7340 or visit the City Website at <a href="https://www.sfcity.org">www.sfcity.org</a>.

Music Class
Clase de Canto
Bingo
Arthritis Exercise
Crafty Ladies
Manejo Personal de Diabetes
Walkable Wednesday
Classes de Ingles
Adult Coloring
Senior Zumba
Chair Yoga

#### **SOCIAL SERVICES**

#### San Fernando After School Teen Program

The After School Teen Program is going strong! The program offers early open gym for teens only, a game room with Playstation 5, foosball, a ping pong table, board games, as well as homework assistance and school supplies. The program operates Monday through Friday, from 3 pm to 6 pm at San Fernando Recreation Park located at 208 Park Ave. For more information, please call (818) 898-1290.

#### **Teens for a Better Community**

On December 7, staff hosted a Teens for a Better Community (TBC) booth where teens practiced public speaking and engaging with the community. The teens distributed free books to promote literacy, coloring books with crayons, face masks, and flyers informing the community about the TBC program and the afterschool program. Meetings are now held in the new teen lounge

located at Recreation Park. For more information please call (818) 898-7340 or email <a href="mailto:jsalas@sfcity.org">jsalas@sfcity.org</a>.

#### **RECREATION**

#### **Leisure & Fitness Classes**

Classes are currently in session and available for registration in-person by visiting one of the park offices or online by visting <a href="https://www.sfcity.org/sfrecreation">www.sfcity.org/sfrecreation</a>.

#### • 3 Wins Fitness San Fernando

Mon, Wed & Fri | 8:15am | Recreation Park

#### • Total Body Conditioning

Mon-Thur | 7:00pm | Recreation Park

#### • Inclusive Zumba

Mon & Wed | 6:00pm | Recreation Park

#### Folklorico

Wed & Fri | 7pm | Las Palmas Park

#### • Shotokan Karate

Saturdays | 9am | Las Palmas Park

#### • Senior Music

Tuesdays | 9am | Las Palmas Park

#### Clase de Canto

Thursdays | 9am | Las Palmas Park

#### Youth Basketball Winter Season

Calling all youth ages 7-16, grab your sneakers and basketballs and head over to Recreation Park! There's still time to join the upcoming season of Youth Basketball. The season begins in January and registrations will remain open through January 24, 2025 or until all divisions are at capacity. Register online or call (818) 898-1290 for more information.

#### **Mission City Baseball Spring Season**

It's time for MISSION CITY BASEBALL! Registrations are now open for the Spring 2025 season of Mission City Baseball. The league is open to youth ages 3-14, and is a great program for both beginners and advanced players. Register before January 31, 2025 to take advantage of the \$20 discount! For more information call (818) 898-1290.

#### **Volunteer Coaches Needed for Youth Sports**

The Recreation and Community Service Department is always on the lookout for volunteer coaches for the sports programs. For the safety of participants and volunteers, interested individuals must undergo a background check (cost covered by the City) and complete online sport-specific trainings prior to being assigned. Volunteers also receive registration discounts

which are effective once all requirements are met. For more information on how to become a volunteer call (818) 898-1290.

#### **Lopez Adobe Tours**

Tours of the Lopez Adobe go dark in the month of January and will resume on Sunday, February 23, 2025, from 1pm to 4pm. The yearly tour calendar will be available in March. For private or special tour requests, please call the Recreation and Community Services Department office at (818) 898-1290.

#### **Fields Closed for Maintenance**

Baseball fields at all City parks are closed for annual maintenance from December through February. Programming and permit processing will resume in early March. The Recreation and Community Services Department thanks the community for their patience and understanding during the maintenance period.

#### **BUDGET IMPACT:**

The programs, services, activity, and business updates in this report are part of the Department's work plan and funds have been allocated for such work in the current fiscal year budget.

#### **CONCLUSION:**

It is recommended that the Parks, Wellness, and Recreation Commission receive and file the Department Update Report and provide any guidance or recommendations as appropriate.