



CHAIR JULIE CUELLAR
VICE CHAIR NATASHA SANCHEZ-BROOKS
COMMISSIONER ERICA FRIEND
COMMISSIONER CHRISTIAN GARCIA
COMMISSIONER FLOR SANCHEZ

CITY OF SAN FERNANDO

PARKS, WELLNESS, AND RECREATION COMMISSION REGULAR MEETING AGENDA SUMMARY THURSDAY, AUGUST 14, 2025 – 6:30 PM

CITY HALL COUNCIL CHAMBERS
117 MACNEIL STREET
SAN FERNANDO, CALIFORNIA 91340

PUBLIC PARTICIPATION OPTIONS

Please visit the City's YouTube channel to live stream and watch previously recorded Parks, Wellness, and Recreation Commission meetings, which is also available with Spanish subtitles at:
<https://www.youtube.com/c/CityOfSanFernando>

In accordance with the Americans with Disabilities Act of 1990, if you require a disability-related modification/accommodation to attend or participate in this meeting, including in-person translation services, or other services please call the Recreation and Community Services Department at (818) 898-7349 or email at LMoreno@sfcity.org at least 2 business days prior to the meeting.

SUBMIT PUBLIC COMMENT IN PERSON:

Members of the public may provide comments in person in the City Council Chambers during the Public Comments section of the Agenda by submitting a comment card to the Board Secretary.

SUBMIT PUBLIC COMMENT VIA EMAIL:

Members of the public may submit comments by email to LMoreno@sfcity.org no later than **12:00 p.m. the day of the meeting**, to ensure distribution to the Parks, Wellness, and Recreation Commission prior to consideration of the agenda. Comments received via email will be distributed to the Parks, Wellness, and Recreation Commission and made part of the official public record of the meeting.

CALL-IN TO PROVIDE PUBLIC COMMENT LIVE AT THE MEETING:

Members of the Public may **call-in between 6:30 p.m. and 6:45 p.m.** Comments will be heard in the order received, and limited to three minutes. If necessary, the call-in period may be extended by the Chair.

Call-in Telephone Number: (669) 900-6833
Meeting ID: 986 1620 1615
Passcode: 988843

When connecting to the Zoom meeting to speak, you will be placed in a virtual "waiting area," with your audio disabled, until it is your turn to speak and limited to three minutes.

PARKS, WELLNESS, AND RECREATION COMMISSION

Regular Meeting Notice and Agenda – August 14, 2025

Page 2 of 4

CALL TO ORDER

ROLL CALL

TELECONFERENCE REQUESTS/DISCLOSURE

Recommend consideration of requests received for remote teleconference meeting participation made by members of the City's legislative bodies, as permitted under the provisions of Assembly Bill (AB) 2449, Government Code Section 54953, and the City of San Fernando adopted Resolution No. 8215, effective March 1, 2023.

PLEDGE OF ALLEGIANCE

APPROVAL OF AGENDA

Recommend that the Parks, Wellness, and Recreation Commission approve the agenda as presented.

PRESENTATION

The Tataviam Land Conservancy Will Present on their Interpretive Signage Project at Rudy Ortega Sr. Park

DECORUM AND ORDER

City Commissioners are appointed by City Council and must be free to discuss issues confronting the city in an orderly environment. Members of the public attending City Commission meetings shall observe the same rules of order and decorum applicable to the City Council ([SF Procedural Manual](#)). Any person making impertinent derogatory or slanderous remarks or who becomes boisterous while addressing a City Commission or while attending a City Commission meeting, may be removed from the room if the Presiding Officer so directs the Sergeant-At-Arms and such person may be barred from further audience before the City Commission.

PUBLIC STATEMENTS – WRITTEN/ORAL

Members of the public may **provide comments in person in the City Council Chambers** during the Public Comments section of the Agenda by submitting a comment card to the Board Secretary.

Members of the public may submit comments by email to LMoreno@sfcity.org no later than **12:00 p.m. the day of the meeting**, to ensure distribution to the Parks, Wellness, and Recreation Commission and made part of the official public record of the meeting.

PARKS, WELLNESS, AND RECREATION COMMISSION

Regular Meeting Notice and Agenda – August 14, 2025

Page 3 of 4

Members of the public may provide a **live public comment by calling in between 6:30 p.m. and 6:45 p.m. CALL- IN INFORMATION: Telephone Number: Telephone Number: (669) 900-6833, Meeting ID: 986 1620 1615; Passcode: 988843**

CONSENT CALENDAR

Items on the Consent Calendar are considered routine and may be disposed of by a single motion to adopt staff recommendation. If the Parks, Wellness, and Recreation Commission wishes to discuss any item, it should first be removed from the Consent Calendar.

1) CONSIDERATION TO APPROVE PARKS, WELLNESS, AND RECREATION COMMISSION MEETING MINUTES FOR:

- a. July 10, 2025- Regular Meeting

ADMINISTRATIVE REPORTS

2) DISCUSSION REGARDING ADDING PARKING VIOLATION REPORTING TO THE CITY APP

Will Pettener, Assistant to the City Manager, will discuss the recommendation to add an option on the City App to report parking violations.

3) UPDATE ON IDENTIFYING A LOCATION FOR A DOG PARK

Informational update from the Public Works Department regarding available spaces and cost associated with developing a dog park.

4) UPDATE ON THE RECOMMENDATION TO CREATE WILDLIFE HABITATS IN THE CITY

Informational update from the Public Works Department on the feasibility of planting hummingbird-friendly foliage in the flowerpots along Maclay Avenue.

5) CESAR E. CHAVEZ MEMORIAL RENOVATION PROJECT UPDATE

Recommend that the Parks, Wellness, and Recreation Commission:

- a. Discuss Ad Hoc Committee Updates;

PARKS, WELLNESS, AND RECREATION COMMISSION

Regular Meeting Notice and Agenda – August 14, 2025

Page 4 of 4

- b. Continue to meet with Pueblo Y Salud until a renovation plan for the Memorial Plaza can be developed; and
- c. Provide staff direction as appropriate.

6) DEPARTMENT PROGRAMS AND SERVICES UPDATE

Recommend that the Parks, Wellness, and Recreation Commission:

- a. Receive and file a report updating the programs, services activities, and business conducted by the Recreation and Community Services Department; and
- b. Provide staff direction as appropriate.

STAFF COMMUNICATION

COMMISSIONER UPDATES/REQUESTS TO AGENDIZE ITEM FOR DISCUSSION AT A FUTURE MEETING

Commissioner(s) may request to agendize an item for discussion at a future meeting, subject to approval by the Commission. Requests should align with the commission's scope of responsibility, adhere to City Council policies, and consider the availability of staff resources and budget constraints.

ADJOURNMENT The meeting will adjourn to its next regular meeting.

AFFIDAVIT OF POSTING

I hereby certify under penalty of perjury under the laws of the State of California that the foregoing agenda was posted on the City Hall bulletin board not less than 72 hours prior to the meeting.

Dated: _____ at: _____

Signed By: _____

Agendas and complete Agenda Packets (including staff reports and exhibits related to each item) are posted on the City's Internet Web site (www.sfcity.org). These are also available for public reviewing prior to a meeting at the Recreation and Community Services Department Public Counter. Any public writings distributed by the Parks, Wellness, and Recreation Commission to at least a majority of the Commissioners regarding any item on this regular meeting agenda will also be made available at the Recreation and Community Services Department Public Counter located at 208 Park Avenue, San Fernando, CA, 91340 during normal business hours. In addition, the City may also post such documents on the City's Web Site at www.sfcity.org. In accordance with the Americans with Disabilities Act of 1990, if you require a disability-related modification/accommodation to attend or participate in this meeting, including auxiliary aids or services please call the Recreation and Community Services Department Office at (818) 898-7349 or LMoreno@sfcity.org at least 48 hours prior to the meeting.



CITY OF SAN FERNANDO
PARKS, WELLNESS AND RECREATION COMMISSION

REGULAR MEETING MINUTES
JULY 10, 2025
ZOOM MEETING STREAMED ON YOUTUBE

THE FOLLOWING MINUTES ARE A SUMMARY OF ACTIONS TAKEN BY THE PARKS, WELLNESS AND RECREATION COMMISSION. VIDEO AND AUDIO OF THE ACTUAL MEETING ARE AVAILABLE FOR LISTENING AT: <https://www.youtube.com/c/CityOfSanFernando>

CALL TO ORDER/ROLL CALL

Chair J. Cuellar called the meeting to order at 6:35 p.m. Administrative Assistant, Linda Bowden-Moreno, called the roll call.

The following persons were recorded as present:

PRESENT:

Commissioners Julie Cuellar, Vice Chair N. Sanchez-Brooks
Erica Friend (arrived 6:39 p.m.), Christian Garcia and Flor Sanchez.

ABSENT:

ALSO PRESENT:

Director of Recreation and Community Services Department Julio Salcedo, SFPD Sergeant Walter Dominguez, Public Works Operations Manager Rodrigo Mora, Recreation Supervisor Maribel Perez, Administrative Assistant Linda Bowden-Moreno and Office Clerk Soledad Chavez.

PLEDGE OF ALLEGIANCE

Led by Vice Chair Sanchez-Brooks

APPROVAL OF AGENDA

Commissioner F. Sanchez motioned to approve the agenda for the June 12, 2025 Parks, Wellness and Recreation Commission Regular Meeting. Commissioner C. Garcia seconded the motion. The motion passed unanimously with the following roll call vote:

PARKS, WELLNESS AND RECREATION COMMISSION

Regular Meeting Minutes –July 10, 2025

Page 2 of 4

AYES: J. Cuellar, N. Sanchez-Brooks, C. Garcia, and F. Sanchez

NOES:

ABSENT: E. Friend

ABSTAIN:

PRESENTATIONS

PUBLIC STATEMENTS – WRITTEN/ORAL

None

CONSENT CALENDAR

1. APPROVAL OF MINUTES

Commissioner C. Garcia motioned to approve the Consent Calendar approving the Minutes of the June 12, 2025 Parks, Wellness and Recreation Commission regular meeting.

Commissioner F. Sanchez seconded the motion. The motion passed unanimously with the following roll call vote:

AYES: J. Cuellar, N. Sanchez-Brooks, C. Garcia, F. Sanchez

NOES: None

ABSENT: E. Friend

ABSTAIN: None

ADMINISTRATIVE REPORTS

2. SAN FERNANDO POLICE DEPARTMENT UPDATE ON PARK ACTIVITY- Sergeant Walter Dominguez provided the quarterly update on park activity and enforcement efforts, including crime trends, extra patrols, and safety concerns at various city parks. The discussion also

PARKS, WELLNESS AND RECREATION COMMISSION

Regular Meeting Minutes –July 10, 2025

Page 3 of 4

addressed city services such as parking enforcement and the use of the City App to report parking issues. Commissioners had questions pertaining to vehicle access through City Montañez Natural Park and the wash, specifically safety concerns for the public due to transients and encampments along Foothill. Additional questions included police patrol, response times and protocol during ICE raids.

RCS Director J. Salcedo informed Commissioners that the Public Works Dept. now provides a “Wash Update” regularly to City Council. Commissioners are encouraged to communicate concerns regarding the wash to their respective council member and download the City App. to report issues promptly.

3. CESAR E. CHAVEZ RENOVATION PROJECT UPDATE – RCS Director J. Salcedo informed Commissioners that City Council has reactivated the Ad Hoc Committee at the City Council level. The Ad Hoc recently conducted a walkthrough at the Cesar E. Chavez Memorial to identify items in disrepair and discuss how to move forward with improvements. Pueblo Y Salud (PYS) participated in the walkthrough and continues to work with the City on this matter. Copies of the MOU will be provided to commissioners again and staff will continue to provide updates as they become available.

4. DEPARTMENT PROGRAMS AND SERVICES UPDATE – Staff provided a presentation with updates on the programs, events and activities at the parks, such as the Independence Day Event, Summer Day Camp Program, senior activities, sports programs and more. Staff opened the floor for questions and comments.

Chair J. Cuellar commented that the Independence Day Celebration was a great event.

Commissioner C. Garcia commented that parking issues such as handicapped parking violations occur frequently. He asked about reporting these issues on the City App. Director J. Salcedo recommended parking violations be called in directly to Parking Enforcement and said he will invite the Assistant to the City Manager, Will Pettener, to discuss the City App.

Vice Chair Sanchez-Brooks had questions regarding the Summer Day Camp Program.

PARKS, WELLNESS AND RECREATION COMMISSION

Regular Meeting Minutes –July 10, 2025

Page 4 of 4

STAFF COMMUNICATION

The RCS Department would like to acknowledge staff member Samantha Morales who is a very gifted photographer who is often the designated photographer for City events and programs.

Maribel Perez reported that the Mariachi Master Apprentice Program (MMAP) students visited Washington D.C. last week to participate in the Smithsonian Folklife Festival. RCS staff member, Maria Calleros, chaperoned the students and ensured the group had a great experience. The MMAP students displayed their amazing talent in their performances and enjoyed local culture and museums during their very limited free time. Upon concluding the Smithsonian event, MMAP students headed directly to Albuquerque for another Mariachi festival. The MMAP program continues putting the City of San Fernando on the map with their outstanding talent.

Direct J. Salcedo thanked the RCS team for the hard work and a successful Independence Day event, especially Marisol Diaz, Patty Garcia and Juan Salas for the planning and execution of the event.

COMMISSIONER UPDATES/REQUESTS TO AGENDIZE ITEM FOR DISCUSSION AT A FUTURE MEETING

With Commission consensus, Commissioner E. Friend requested to add the following agenda items:

1. Dog park update and status of the Kalisher Pocket Park
2. Hummingbird Habitat update

Commissioner F. Sanchez had questions regarding possible plans to beautify the City in preparation of the upcoming World Cup and Olympic events.

ADJOURNMENT

Chair J. Cuellar adjourned the Parks, Wellness and Recreation Commission meeting at 7:50 p.m.

To: Chair Julie Cuellar and Commissioners

From: Julio Salcedo, Director of Recreation and Community Services

Date: August 14, 2025

Subject: Discussion Regarding Adding Parking Violation Reporting to the City App

RECOMMENDATION

It is recommended that the Parks, Wellness and Recreation (PWR) Commission discuss the possibility of adding an option to the City App to report parking violations with Assistant to the City Manager, Will Pettener.

BACKGROUND/ANALYSIS

At the July 10, 2025, PWRC regular meeting, Commissioner Christian Garcia, reported seeing frequent parking violations such as vehicles parked in handicapped parking without the appropriate placard. A discussion ensued as to how to report parking violations on the City App.

RCS Director, Julio Salcedo, suggested inviting Assistant to the City Manager, Will Pettener, to discuss the City App in more detail and the possibility of adding an option to report parking issues.

BUDGET IMPACT

There is no impact to the budget by discussing this item.

To: Chair Julie Cuellar and Commissioners

From: Julio Salcedo, Director of Recreation and Community Services

Date: August 14, 2025

Subject: Update on Identifying a Location for a Dog Park in San Fernando

RECOMMENDATION

It is recommended that the Parks, Wellness and Recreation (PWR) Commission receive and file an update on the status of the Kalisher Pocket Park contract to determine if the location is feasible for a possible dog park.

BACKGROUND/ANALYSIS

On August 7, 2023, City Council awarded a Professional Services Agreement to Kounkuey Design Initiatives, Inc. (KDI) to conduct a land and open space inventory study. The results of the Land and Open Space Inventory report, also known as the San Fernando Park Opportunity Plan (SF POP), were presented to the Parks, Wellness and Recreation Commission at the September 12, 2024 regular meeting.

Public Works Operations Manager, Rodrigo Mora, discussed the limited land availability and budget constraints that would impact the development of a dog park at this time. In addition, a dog park was not identified as one of the City Council's priorities, which adds to the challenge of moving forward with this item.

The Kalisher Pocket Park was suggested as a possible location. Rodrigo Mora agreed to research the status of the maintenance contract of Kalisher Pocket Park and provide an update to the commission.

BUDGET IMPACT

There is no impact to the budget by discussing this item.



MEMORANDUM

To: Chair Julie Cuellar and Commissioners

From: Julio Salcedo, Director of Recreation and Community Services

Date: August 14, 2025

Subject: Update on the Recommendation to Explore Creating Wildlife Habitats in City Parks

RECOMMENDATION

It is recommended that the Parks, Wellness, and Recreation Commission receive an update from Public Works Department staff on the suggestion to plant hummingbird-friendly foliage in the flowerpots located along Maclay Avenue.

BACKGROUND/ANALYSIS

This item was added to the agenda at the April 10, 2025 PWRC regular meeting by Commissioner Flor Sanchez. The item was discussed at the May 8, 2025 PWRC regular meeting. The Commission reached consensus in supporting the development of a sustainable microhabitat for hummingbirds at the parks and partner with local community members and organizations in this important effort.

At the June 12, 2025 PWRC regular meeting, Public Works Operations Manager, Rodrigo Mora, discussed possible locations to plant hummingbird-friendly foliage. A discussion ensued and a recommendation was made to consider utilizing the existing flowerpots located along Maclay Avenue.

Staff recommended Commissioners reach out to their respective Council Members to solicit support and staff would look into the feasibility of refreshing the flowerpots with the appropriate plants to attract hummingbirds.

BUDGET IMPACT

There is no impact to the budget by discussing this item.

To: Chair Julie Cuellar and Commissioners

From: Julio Salcedo, Director of Recreation and Community Services
By: Linda Bowden-Moreno

Date: August 14, 2025

Subject: Cesar E. Chavez Memorial Renovation Project Update

RECOMMENDATION:

It is recommended that the Parks, Wellness, and Recreation Commission:

- a. Discuss Ad Hoc Committee Updates;
- b. Continue to meet with Pueblo Y Salud until a renovation plan for the Memorial Plaza can be developed; and
- c. Provide staff direction as appropriate.

BACKGROUND:

1. On June 7, 1993, the City Council approved of declaring March 31 an official City holiday honoring the late farmworker and civil rights leader, Cesar E. Chavez, thus becoming the first City in the country to establish the Cesar E. Chavez Holiday.
2. In 2004, the City of San Fernando in collaboration with the Cesar E. Chavez Commemorative Committee honored the great civil rights and labor leader through the creation of the largest Cesar E. Chavez Memorial in the nation.
3. On October 6, 2014, the City Council approved a partnership with Pueblo Y Salud for fundraising efforts to repair and restore the Cesar E. Chavez Memorial.
4. On March 14, 2023, Commissioner Lopez requested information regarding the condition and possible beautification of the Cesar E. Chavez Memorial.
5. On April 11, 2023, the PWRC directed staff to draft a letter to Pueblo Y Salud that would start a potential collaboration to restore the Cesar E. Chavez Memorial Plaza.

6. On May 11, 2023, the PWRC tabled discussion on the item until the Commissioners had an opportunity to review the MOU with Pueblo Y Salud and provide feedback on the draft letter to Pueblo Y Salud.
7. On June 8, 2023, an Ad Hoc Committee (Commissioners Lopez & Gonzales) was formed to gather information on the Cesar E. Chavez Memorial and how renovations would be funded.
8. On August 17, 2023, the Ad Hoc Committee and the RCS Director met with Ruben Rodriguez of Pueblo Y Salud.
9. In 2024, the Ad Hoc Committee met with RCS Director Julio Salcedo to review the existing MOU with Pueblo Y Salud. The Ad Hoc agreed to meet after the July 11, 2024 PWR Commission regular meeting
10. On August 9, 2024, the Ad Hoc, RCS Department staff and Pueblo Y Salud met and reviewed the MOU agreement. Consensus was reached to schedule a tour of the Cesar E. Chavez Memorial and Recreation Park Facility.
11. As a result of the November 5, 2024, San Fernando City Council elections, Robert Gonzales and Patty Lopez would no longer serve on the PWRC.
12. At the PWRC meeting held on April 10, 2025, Commissioner Erica Friend requested to add an agenda item to select new members for the Ad Hoc Committee.
13. At the May 8, 2025 PWRC regular meeting, Commissioners Erica Friend and Flor Sanchez volunteered to be Ad Hoc Committee members.
14. At the July 10, 2025 PWRC regular meeting, RCS Director J. Salcedo reported that the City Council Ad Hoc has reactivated to continue working with Pueblo Y Salud on this project.

ANALYSIS:

The City has an MOU with Pueblo Y Salud (PYS), which allows access for the organization to program and maintain the monument. In past years, PYS has spearheaded fundraising efforts to help the City offset costs associated with the restoration and maintenance of the monument. The Department of Public Works reinstalled commemorative plaques that had been stolen. Staff reported that the installation involved cutting into the base and the use of industrial strength adhesive to secure the new plaque in place. Public Works also conducts periodic maintenance, which includes trimming shrubs, removing weeds, and cleaning graffiti.

The Ad Hoc committee has met regularly with Ruben Rodriguez, from Pueblo Y Salud, to discuss possible renovations for the Cesar E. Chavez Memorial Plaza. The discussions have revolved around the history of the Memorial. Mr. Rodriguez noted that Pueblo Y Salud had started investigating renovations to the Memorial back in 2014, but the project stalled and had been dormant for some time.

The cost was a big factor in putting the renovation on hold. The restoration project needed to raise the funds to pay for the repairs. A breakdown of those costs in 2014 determined that the renovation would cost about \$19,000 at that time. In March of 2024, the Ad Hoc Committee determined that it would need to look into today's cost and determine how these funds would be raised.

In order to proceed with the beautification efforts of the Cesar E. Chavez Memorial, it is recommended that the Ad Hoc Committee Members stay informed on updates provided by the City Council Ad Hoc and continue collaborating with Pueblo Y Salud to identify funding options for this project.

BUDGET IMPACT:

There is no budget to review and discuss this item. However, any possible beautification or restoration of the Cesar E. Chavez Memorial will incur a cost. Per Sec. 54-67. - Incurring financial liability - Neither the Commission nor any person connected with the Commission shall incur any financial liability in the name of the City.

CONCLUSION:

It is recommended that the Parks, Wellness, and Recreation Commission and Ad Hoc Committee members to continue collaborating with Pueblo Y Salud and continue to look into funding opportunities and provide staff with direction as appropriate

To: Chair Julie Cuellar and Commission Members

From: Julio Salcedo, Recreation and Community Services Director
By: Maribel Perez, Recreation and Community Services Supervisor
Linda Bowden-Moreno, RCS Administrative Assistant

Date: August 14, 2025

Subject: Department Programming, Services, Activity, and Business Updates

RECOMMENDATION:

It is recommended that the Parks, Wellness, and Recreation Commission:

- a. Receive and file a report updating the programs, services, activities, and business conducted by the Recreation and Community Services Department; and
- b. Provide staff guidance or recommendations, as appropriate.

BACKGROUND:

1. The mission of the Recreation and Community Services (RCS) Department is to develop and implement enriching community, cultural, and recreational opportunities that foster the overall well-being and personal development of our community.
2. The RCS Department conducts a wide array of programs, services, activities, and business throughout the year. Staff provides a monthly update on items discussed at the Parks, Wellness, and Recreation Commission (PWRC) meetings and welcomes any guidance or recommendations regarding the items presented.

DEPARTMENT UPDATES:

Programs and Services

The RCS Department provides a variety of programming and services for the San Fernando community. All Los Angeles County Department of Public Health protocols and Best Practices guidelines for operating recreational facilities are strictly adhered to. Safety is the top priority for RCS staff when conducting activities for the community. All program participants and park

visitors are made aware of safety guidelines being implemented to ensure patrons feel safe while participating in the Department's programs.

Concerts in the Park

The City of San Fernando's free "Concerts in the Park" series is back! What better way to enjoy great live music than under the stars. The series will be held on the last three Saturdays in August. Mark your calendars for this amazing series with a lineup of performances offering sounds to delight every musical palate! The series is slated to occur on August 16, August 23 and August 30. Food will be available for purchase. Gather up family, friends, your favorite lawn chair and of course your dancing shoes for a night of great entertainment!

Plaque Dedication

Las Palmas Park held a special plaque unveiling on Saturday, August 9, 2025 to honor former Recreation Department Directors, Julian Leon and Jess Margarito. They were posthumously honored for their many years of service and contributions to the City of San Fernando. The event was very well attended and included guest speakers, refreshments, snacks and entertainment.

SENIOR SERVICES

National Senior Citizens Day

As August 21, 2025 is National Senior Citizens Day, Las Palmas Park has lined up several special ways to recognize seniors for their contributions to society. During the month of August, seniors are invited to take part in Free Fun and Sweet Treats! Don't miss out!

THE CITY OF
SAN FERNANDO

Celebrate National Senior Citizens Day

JOIN US FOR FREE FUN AND SWEET TREATS!

Park Bingo at Recreation Park (208 Park Ave.)
Tuesday, August 19 | 9:00AM

Park Bingo at Las Palmas Park (505 S. Huntington St.)
Friday, August 22 | 11:00AM

Fruit Pops Giveaway
Las Palmas Park
Thursday, August 21 | 10:30AM - 12:00PM
(While supplies last)

Call us today to register: 818-898-7340

Senior Meals

In partnership with ONEgeneration, Las Palmas Park continues to host the Elderly Nutrition Program (ENP) for seniors. Stop by and register with the ONEgeneration team, Rene and Hayle, and enjoy a delicious and nutritious hot meal! Folks that are 60+ can qualify for this free program (suggested donation is \$3) Mondays through Fridays. If you know of anyone that is 60+ and is homebound, ONEgeneration can deliver hot meals 5 days a week! For more information please call (818) 898-7340.

Platicas de la Vida con Café

In partnership with the Department of Mental Health, Las Palmas Park is hosting workshops to discuss and offer assistance to those dealing with emotional trauma, anxiety and everyday life situations. Classes are held in Spanish on the second and fourth Thursday of the month at 9:00 am. Please contact Las Palmas Park at (818) 898-1290 for more information.

Los Angeles Regional Food Bank Distribution

The Regional Food Bank monthly distribution was held on Monday, August 4, 2025 from 9:00am-11:00am and distributed approximately 220 food kits. This program continues to serve seniors age 60+ on a monthly basis at Las Palmas Park. This drive-through food program provides a free food kit containing nutritious items such as meats, canned fruits and vegetables, cereals and grains. The program serves an average of over 200 seniors monthly. The next distribution will be held on **Tuesday, September 2, 2025**. For more information on food assistance programs please contact Las Palmas Park at (818) 898-7340.

Alzheimer's Los Angeles

Monthly classes are offered in Spanish at Las Palmas Park to address important issues related to memory loss, brain health, dementia, cognitive decline and much more. Classes are scheduled on the first Thursday of the month at 9:30 am. Light refreshments are provided. Please contact Las Palmas Park at (818) 898-7340 for more information.

Intro to Computers

The *Intro to Computers* class is geared for seniors to learn basic computer skills and important tips on navigating the internet securely, including how to identify safe websites and avoid common online threats. Additionally, participants will practice typing and become familiar with keyboard functions to improve their technology skills. Classes are offered at Las Palmas Park. For more information please call (818) 898-7340.

The Monthly Senior Dance will be held on Saturday, August 16, 2025 at Las Palmas Park in celebration of Summer. Participants will enjoy refreshments, live music, dancing, and raffles. Doors open at 7:00 pm. The next Senior Dance is scheduled on Saturday, September 20, 2025 in celebration of Fiestas Patrias. For more information call Las Palmas Park at (818) 898-7340.

Senior Club Monthly Meetings occur on the first Sunday of each month at 1:00 pm at Las Palmas Park. Seniors interested in becoming active and involved in the Senior Club may attend meetings or call 818-898-7340 for more details.

Ongoing Senior Programs

The following senior activities are ongoing. For more details on programs and activities, please call Las Palmas Park at 818-898-7340 or visit the City Website at www.sfcity.org.

Music Class

Clase de Canto

Bingo

Arthritis Exercise

Crafty Ladies

Manejo Personal de Diabetes

Walkable Wednesday

Classes de Ingles

Adult Coloring

Senior Zumba

Chair Yoga

SOCIAL SERVICES

Homeless Connect Day

Las Palmas Park hosted the annual *Homeless Connect Day* on Thursday, July 17, 2025. In partnership with LA Family Housing, this one-day event collaborated with State and local non-profit agencies in and around San Fernando. This free one stop shop event served families and individuals experiencing homelessness. Offerings included free haircuts, mobile shower services, free phones, transportation and other services for veterans, and services for pets. Also available were referrals for individuals to access mental and public health services. The City of San Fernando is proud to host events to assist the most vulnerable members of the community. Visit the Community Resources Bulletin Board on the City's website at www.sfcity.org to stay informed on additional programs, services, and events.

Food Distribution

In partnership with *Ignite the Light of Hope Foundation*, Las Palmas Park hosted two free food distributions on July 18 and 25 for community members in need of food assistance. This effort is part of the **San Fernando Together** initiative developed to assist residents impacted by recent immigration enforcement activities. This effort reflects the City's commitment to building an inclusive, resilient, and supportive community where all residents—regardless of immigration status or economic background—can access the resources they need. Through partnerships with trusted local organizations, San Fernando Together connects individuals and

families with immediate relief such as food distributions and one-time financial assistance, as well as referrals to a wide range of community services. These efforts aim to address urgent needs while also promoting long-term well-being, stability, and opportunity for all who call San Fernando home.

Teens for a Better Community

Teens for a Better Community (TBC) continues to meet regularly to hold discussions on programs, brainstorming sessions, and develop volunteer opportunities. Snacks and refreshments are provided. TBC meets twice per month in the new teen lounge at Recreation Park. For more information please call (818) 898-7340. For more information please call (818) 898-7340 or email jsalas@sfcity.org.

RECREATION

Leisure & Fitness Classes

Classes are currently in session and available for registration in-person by visiting one of the park offices or online by visiting www.sfcity.org/sfrecreation.

- **3 Wins Fitness San Fernando**
Mon, Wed & Fri | 8:15am | Recreation Park
- **Total Body Conditioning**
Mon-Thur | 7:00pm | Recreation Park
- **Inclusive Zumba**
Mon & Wed | 6:00pm | Recreation Park
- **Folklorico**
Wed & Fri | 7pm | Las Palmas Park
- **Shotokan Karate**
Saturdays | 9am | Las Palmas Park
- **Senior Music**
Tuesdays | 9am | Las Palmas Park
- **Clase de Canto**
Thursdays | 9am | Las Palmas Park

Adult Basketball

Come experience the excitement of Adult Basketball at Recreation Park, where passion for the game meets friendly competition. Join the fun on Wednesday nights at Recreation Park, tip off is at 6:00 pm.

Open Gym Pickleball- Pickleball is back at Recreation Park on Tuesday nights at 6pm!. Come learn and make new friends through this growing sport, all equipment is provided at the park. Las Palmas Pickleball meets on Mondays at 10:00 am and Fridays at 10:30 am.

Mission City Baseball

Summer Clinics began on July 8th. This camp-style clinic meets Tuesday and Thursday at Las Palmas from 6:00 pm to 7:30pm. Activities include fundamental baseball skill, conditioning, a water day and movie night.

San Fernando Youth Basketball

This program began on July 12th. There are 15 teams this season, ages 7-17. This season will run from July through September.

Ninja Ninja Learns

Ninja Ninja Learns is an enrichment program introducing students to fundamental martial arts elements like blocking, striking, stances, and situational awareness in a non-contact and non-competitive environment. This spring the program will introduce Nunchuck Training for ages 4-9. Youth will learn to wield a nunchuck (foam) like a true ninja!

Tennis

Get ready to swing into action with Johnny Allen Tennis this Spring! Whether your child is picking up a racket for the first time or looking to sharpen their skills, these fun and engaging lessons are perfect for all levels.

Volunteer Coaches Needed for Youth Sports

The Recreation and Community Service Department is always on the lookout for volunteer coaches for the sports programs. For the safety of participants and volunteers, interested individuals must undergo a background check (cost covered by the City) and complete online sport-specific trainings prior to being assigned. Volunteers also receive registration discounts which are effective once all requirements are met. For more information on how to become a volunteer call (818) 898-1290.

Lopez Adobe Tour Calendar

Stop by for free guided and self-guided tours, monthly activities and treats on Saturday evenings from April through October and December. For more information please call Recreation Park at (818) 898-1290.

BUDGET IMPACT:

The programs, services, activity, and business updates in this report are part of the Department's work plan and funds have been allocated for such work in the current fiscal year budget.

CONCLUSION:

It is recommended that the Parks, Wellness, and Recreation Commission receive and file the Department Update Report and provide any guidance or recommendations as appropriate.